



Barbara Benfield, BCLC

Board-Certified Life Coach

Author • Speaker • Christian Counselor

Popular Speaking Topics

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- ❖ Biblical Life Coaching for Life's Transitions
- ❖ Recovery and Relational Restoration
- ❖ Will the Real Christian Please Stand Up
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Barbara Benfield

Barbara encourages churches, ministries, women's groups, conferences, recovery programs, and community organizations with practical, biblical teaching that brings hope, healing and lasting transformation.



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